



BEFORE YOU BOOK

WHO IS A GOOD CANDIDATE FOR OMBRE BROWS?

Although most clients are great candidates for ombre brows, The following are conditions that will not qualify a person for this eyebrow procedure:

- Currently pregnant or breastfeeding.
- Has cancer and is currently undergoing chemotherapy or radiation.
- Taking steroid medication and Prednisone (Must be off for at least 2 months).
- Has an open wound present in brow area.
- If you take Roaccutane or Accutane for acne you must have finished these **6 months** prior to having your procedure.

Please check with your doctor before having an ombre brow procedure if:

- Have diabetes and under doctor's care (frequent visits / uncontrolled A-1C levels).
- Have been in remission from cancer for 1 year.
- Have high blood pressure.
- Using blood thinning prescriptions.

The following facial procedures must be avoided weeks prior to ombre brow procedures:

2 days

- Do not drink alcohol or caffeine 48 hours prior to your procedure

1 week

- All blood thinners should be avoided 1 week prior to procedure including Ibuprofen, Tylenol, Advil, Aleve, Motrin, Aspirin, Excedrin, Wardarin, Coumadin, Oil Supplements such as Fish Oil, Vitamin E Oil, and Primrose Oil.
- Avoid all antibiotics, iron supplements and magnesium 1 week prior to procedure
- Any mood-altering drugs such as aderol & xanax, should be avoided 1 week prior to procedure.

2 Weeks

- If you wax, pluck, or tint your eyebrows, this must be avoided 2 weeks prior to your appointment.

3 Weeks

- No facial tanning for 3 weeks prior or facial sunburn.

4 Weeks

- No skin needling for 4 weeks prior to the procedure.
- No botox or chemical peels of any kind for 4 weeks prior to procedure. This includes Glycolic, Pumpkin, Alpha Hydroxy Acid, Salicylic Acid, Microdermabrasion, Laser Facials, other ablative and on-ablative. Also included are Fraxel, Co2, and IPL laser treatments.
- Do not use active skin products that contain AHA, Retinol A or Vitamin A products on or around the brow area for a month prior to the procedure.



FAQs

1. What are Ombre Brows?

Ombre Brows also referred to as powder brows or microshading, is a type of eyebrow enhancement that is done with a small machine that gently creates pixelated dots to mimic a soft shaded brow pencil look. This procedure is minimally invasive and can be customized as build-able from light to dark. Powdered brows have a soft makeup look and work great for clients with all skin types and tones.

2. Does the procedure hurt?

A topical anesthetic is used to numb your skin during the procedure, so discomfort is very minimal. Every client is different and pain tolerance varies by client but most clients describe the pain level as a slight burning, astringent like sensation- very tolerable and worth it! Anesthetic is also reapplied as needed throughout the procedure so your experience is as comfortable as possible.

3. What are the benefits to Ombre Brows?

- Brows can be soft or more defined depending on client's desires
- Gives smudgeproof and waterproof brows
- Saves time getting ready and allows you to wake up to beautifully "done" brows
- Saves money on brow products
- Reduces brow maintenance
- Creates minimal trauma to the skin
- Great for all skin types

4. How long does the procedure take?

The process takes approximately 3-4 hours from the moment you walk in the door to completion of your beautiful new brows. The first hour or so is spent designing your new brows and numbing the area. There is no downtime! Occasionally, some clients will have some slight redness and swelling around the area which is very normal and will subside within a couple of hours. Most clients go on about their normal day when they leave their appointment. A touch up appointment is required 6-8 weeks after your initial appointment to perfect your brows.

5. What is the healing process?

Some swelling and tenderness after the procedure is normal and may last a day or so, depending on the client. Your new brows will appear darker, wider, and sharper than the way they will heal. This is especially true for days 2-5. That's normal! As your skin heals over the tattoo, your brows will lighten and soften. This process takes about 7-10 days on average. **It's important to follow all after care instructions and to attend the required follow up appointment in 6-8 weeks** to make the finishing touches to your new brows! Your healing is only about 50% in our control. Once you leave it's up to you to be diligent about following the instructions you're given to get the best result! And no matter how great they look, it's important to come for your touch up appointment in 6-8 weeks to get the final result. This is a 2 step process, so even if you have some things you want to tweak after the first appointment no worries! We will continue to work on your brows at your touch up appointment.



FAQs

6. How long does ombre brows last?

This will vary by client. If aftercare instructions are followed diligently, your new brows will last approximately 12-24 months on average before they're mostly faded; 18 months is average. For some people, their brows will last even longer, and some less. Certain factors such as sun exposure and tanning beds, getting chemical peels, oily skin type, bleeding, etc., will affect whether your brows will last on the higher or lower end of the expected 12-18 months. We recommend one touch up per year to keep them fresh.

7. Will it look natural?

Absolutely! The techniques used at InherGlo Brows and Beauty creates realistic, simulated powder fill that looks just like a real eyebrow! We customize your brows to be as bold and defined or as soft and subtle as you like.

8. What if my brows are fading faster than I'd like?

We will revisit aftercare and lifestyle to make sure that is not the issue. If not, it's likely that you need to go darker and fuller at your touch up.

9. What if I have concerns about my brows after they heal?

Complete customer satisfaction is our goal! If you have concerns about your brows after they've healed please contact us right away so we can discuss! We are here to help!



Aftercare

The aftercare instructions will be explained in detail with you so you understand your responsibilities to ensure the best healing outcome, an aftercare kit containing ointment will be given to you which will include instructions on how to care for your treatment. The area treated will appear very intense and darker in color. As the skin heals, the color will appear 30% – 50% lighter and a slight shrinking in shape. Healing is different for everyone but some peeling or flaking of skin is normal. It takes approximately 7-10 days for the skin to heal. However, you should follow the aftercare instructions until your skin is completely healed. Your skin is healed when all flaking and/or scabbing is gone.

- Day of treatment: ABSORB. With medium pressure, blot the area with clean tissue to absorb excess lymph fluid. Do this every 5 minutes for the full day until oozing has stopped. Removing this fluid prevents hardening of the lymph, thus helping to prevent scabbing. Blotting is key!
- Days 2-10 (until the scabbing stops): WASH Gently rinse your eyebrows each morning and night with water and a gentle soap. With a light touch, use your clean fingertips to gently cleanse the eyebrows. Rub the area in a smooth motion for 10 seconds and rinse with water ensuring that all soap is rinsed away. To dry, gently pat with a clean tissue or air dry. Do not use any cleansing products containing acids (glycolic, lactic, or AHA), or any exfoliants.
- Apply a rice grain amount of A&D ointment with a cotton swab and spread it across the treated area only as needed. Be sure not to over-apply as this will suffocate your skin and delay healing. The ointment should be barely noticeable on the skin. Never put the ointment on a wet or damp tattoo. Do not rub or pick at your brows. This can cause scarring, blurring, and/or infection. Should there be any scabbing, let them fall off naturally.
- Aside from your daily gentle washes as noted above, do not soak your brows in water until healed (ex. bath tub, sauna, pool, or hot tub). When washing your face, wash around the brow area. Showers are fine, but limit them to five minutes to prevent too much steam around the brow area.
- You can expect some pigment loss during the healing, and this is why it is a two-part procedure. We ask you to avoid the following, so please plan for this procedure accordingly:
 - No swimming for 2 weeks after, including spa baths/hot tubs.
 - No strenuous exercises or heavy sweating for a week.
 - No makeup on the area until completely healed
 - No botox for 3 weeks after final procedure
 - Do not use products containing AHA, Retinol A or Vitamin A as these products will remove pigment color from your eyebrows.